

#### SEARCHING FOR A CARDIOLOGY (HEART FALIURE) NURSE PRACTITIONER

Scripps Clinic Medical Group (SCMG) is a multi-specialty group with just over 1000 physicians and advanced practice clinicians serving San Diego and the surrounding region. Established more than 50 years ago, it is recognized as one of the premier medical groups in the country and boasts an excellent reputation in over 60 medical and surgical specialties.

#### **General Description**

We are seeking a dedicated **Nurse Practitioner (NP)** to join our **Congestive Heart Failure (CHF) Outpatient Clinic** team. The NP will play a crucial role in managing and improving the health outcomes of patients with CHF by providing comprehensive care, patient education, and coordination of services in an outpatient setting. The ideal candidate will be a patient centered caregiver who goes the extra mile to provide the best possible care to patients and their families. Close attention to detail is a must.

#### Key Responsibilities

Patient Assessment & Management

- Conduct comprehensive evaluations of patients with CHF, including historytaking, physical examinations, and diagnostic assessments.
- Develop, implement, and adjust individualized treatment plans in collaboration with cardiologists and multidisciplinary teams.
- Monitor disease progression and response to treatment, making necessary adjustments based on evidence-based guidelines.
- Management of Epic Inbasket patient messages.

#### Medication Management

- Prescribe, adjust, and manage medications, including diuretics, beta-blockers, ACE inhibitors, and other cardiac-related therapies.
- Monitor for medication side effects, adherence, and interactions.
- Provide patient education on medication management, including lifestyle modifications.

Patient Education & Counseling

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SCMG Administration 10666 North Torrey Pines Road, MS129 La Jolla, California 92037 (858) 554-8500

- Educate patients and their families on CHF self-care, including diet, exercise, fluid management, symptom monitoring, and lifestyle modifications.
- Address concerns and provide emotional support to patients managing a chronic condition.

#### Collaboration & Care Coordination

- Refer patients to appropriate specialists or services as needed.
- Participate in multidisciplinary team meetings to discuss complex cases and optimize patient care plans.

Diagnostic & Procedural Support

- Order and interpret diagnostic tests, including echocardiograms, electrocardiograms (ECGs), lab work, and imaging studies.
- Perform in-clinic procedures as needed, such as IV diuresis administration or fluid management interventions.

Quality Improvement & Compliance

- Ensure adherence to CHF management guidelines and clinic protocols.
- Participate in quality improvement initiatives aimed at enhancing patient outcomes.
- Maintain accurate and up-to-date electronic health records (EHR).

#### Skills/ Experience

Strong clinical assessment, communication, and patient education skills. Ability to work collaboratively in a multidisciplinary team environment. Prior experience in **cardiology, heart failure management, or internal medicine** is preferred.

Outpatient clinic setting with regular weekday hours, opportunity to participate in telehealth and remote patient monitoring programs.

Work-life balance with no inpatient or overnight call responsibilities.

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#### **Benefits**

- Competitive benefits (health, dental, life insurance, LTD) package including 401(k) Plan, discretionary bonuses and many voluntary benefits.
- CME and Licensure Allowance.
- Scheduled to work 46 weeks in a calendar year.
- EPIC EMR in all hospitals and clinic offices.
- Live and work in beautiful coastal San Diego.

#### Compensation:

In compliance with the California Pay Transparency Act, Scripps Clinic Medical Group posts the pay range for our open positions. Please note that actual pay will be determined based on relevant experience within the pay range. Scripps Clinic Medical Group strives to ensure that our employees receive equal pay for equal work in line with our commitment to being an equal opportunity employer. Base range on experience: \$140,000 plus surplus arrangement.

All physician assistants performing procedure functions must have completed an accredited physician assistant training program, passed the Physician Assistant National Certifying Examination (PANCE), have obtained and maintain up to date licensure from the California Physician Assistant Board.

All nurse practitioners performing standardized procedure functions must have a current California registered nursing license, have completed a Masters or Doctorate in nursing from an approved Nurse Practitioner Program, be certified as a Nurse Practitioner by the California Board of Registered Nursing, have successfully completed and maintained board certification from the AANC or AANP, and maintain up to date nursing licensure and/or accreditation.

# FOR CONSIDERATION, PLEASE FORWARD YOUR RESUME TO: James Heywood, MD at Heywood.james@scrippshealth.org